



The New York  
Academy of Medicine

*At the heart of urban health since 1847*

**2010 Annual Report**

## Our Mission

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The New York Academy of Medicine advances the health of people in cities.

An independent organization since 1847, NYAM addresses the health challenges facing the world's urban populations through interdisciplinary approaches to policy leadership, innovative research, education, and community engagement. Drawing on the expertise of diverse partners worldwide and more than 2,000 elected Fellows from across the professions, our current priorities are:

To create environments in cities that support healthy aging

To strengthen systems that prevent disease and promote the public's health

To eliminate health disparities

# Letter from the Chairman and President

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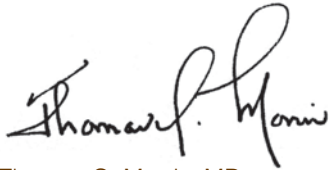
To our Fellows, Friends and Supporters:

NYAM is pleased to present our 2010 Annual Report to share our accomplishments in policy, research, community engagement and education in 2010.

For more than 160 years, NYAM has been a vital source for effective and innovative thought and action regarding health problems that affect New York City, in particular, and cities in general. Now, more than ever, NYAM is committed to developing interdisciplinary approaches to addressing pressing urban health issues and making New York a healthy place for people of all ages to live, work, learn, and play.

As you will see, we continue to expand our work on healthy aging, prevention, and eliminating health disparities by working closely with state and local government and community leaders and partners to create healthy environments that offer ample access to healthy foods and physical activity; age-friendly communities, businesses and institutions; and schools that adopt a culture of healthy habits for students, teachers, and parents alike. We have begun to extend our work in these key priority areas statewide and, increasingly, to share our learning with national and international audiences to promote adoption of these models to explore health.

The promise of these innovative models and our commitment to improving the health of the public can only be sustained with your generous support. Even in times of austerity and challenging economic conditions, we continue to manage our resources in an effective and responsible manner, focusing on the critical priority areas that will make a difference in the health of the people of New York and cities around our nation and the world. We look forward to your continued partnership in the coming years.



Thomas Q. Morris, MD  
Chairman of the Board of Trustees



Jo Ivey Boufford, MD  
President



## Promote Healthy Aging

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▶ Older adults make up the fastest growing segment of the United States population. NYAM is committed to preparing the country—and New York City in particular—to meet the needs of its expanding older population. NYAM’s innovative approach to healthy aging works to create policies, programs and environments that will allow older adults to live longer, healthier lives and stay fully engaged in their communities.

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### Creating Age-friendly Cities

During 2010, **Age-friendly New York City**, NYAM’s partnership with the Mayor’s Office and New York City Council continued to make progress in meeting the needs of the city’s older residents. The Commission for an Age-friendly NYC, a public-private partnership hosted and staffed by NYAM, completed its first year of work with accomplishments in several key areas, including business, colleges and universities, and local neighborhoods.

In the public sector, the city continued to make progress on its 59 Age-friendly NYC initiatives, such as **TimeBanks NYC**, a program that allows individuals to exchange free services; **MarketRide**, a program that uses school buses in off-hours to bring older adults in underserved areas to fresh produce markets; and a program that provides older adults with limited mobility with vouchers for taxis instead of requiring them to use a more

expensive private transportation vendor. Under the direction of the Commission, NYAM piloted **Aging Improvement Districts** in East Harlem, the Upper West Side, and Bedford-Stuyvesant in Brooklyn, working with older adults in each neighborhood to learn about and address their concerns in areas including transportation, safety, housing, recreation, and businesses. Additionally, the Commission launched an **Age-friendly Business** initiative that provides local retail businesses with guidelines and information about how they can better attract



and serve older customers. **The Age-friendly Schools, Colleges and Universities** work group of the Commission reached out to more than 100 colleges and universities with a letter from Mayor Bloomberg and City Council Speaker Quinn inviting them to work with the initiative to make their institutions more age-friendly and is developing the city's first directory of opportunities for older adults at NYC colleges and universities.



### Preparing Tomorrow's Geriatric Health Care Workforce

America's aging population will require 70,000 "aging savvy" professional social workers by 2020 (the National Institute on Aging); yet fewer than 3 percent of social work students currently specialize in aging. NYAM's **Hartford Partnership Program for Aging Education (HPPAE)** continued to engage schools of social work across the country in training MSW students to work with older adults and become leaders in the field of aging. Eighteen more schools in Connecticut, Maine, New

Hampshire, Rhode Island, and Vermont joined the program in 2010, bringing the total to 99 schools in 38 states. Through the **Leadership Academy in Aging**, NYAM also worked directly with a third cohort of deans of social work schools to strengthen their leadership skills and knowledge of the field of aging.



### Care Coordination and National Health Care Reform

This year was eventful and productive for the **National Coalition on Care Coordination (N3C)**, which is co-chaired by NYAM. N3C works to improve the quality of life for vulnerable older adults by promoting care coordination—the linking of health care, long-term care and social services—as an essential part of health care reform.

During the health care reform legislative process, N3C successfully sponsored and disseminated research and information on care coordination and related issues, educated members of Congress, and advocated for specific programs and provisions that would make care coordination more readily available and financed. N3C also played a significant role in securing distinct care coordination provisions in the final health care reform bill.



After passage of the law, N3C concentrated its expertise, advocacy, and resources on ensuring effective implementation of the care coordination provisions in the Patient Protection and Affordable Care Act, as well as integration of care coordination in other provisions.



## Prevent Disease and Promote Health

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► NYAM's work is driven by the belief that prevention is the key to good health. Urban environments, by their nature, give rise to unique health problems, but they can also be shaped to offer their residents ample opportunity to make healthy choices. Working in tandem with local, state, and national public health and community leaders, NYAM develops evidence-based policies and programs that create healthy environments and prevent disease before it occurs.

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### Designing a Strong and Healthy New York (DASH-NY)

In 2010, NYAM launched the **DASH-NY** obesity prevention policy center and coalition with funding from the New York State Department of Health. DASH-NY is engaging multiple state and local community organizations and individuals in the fight to end the epidemic of obesity throughout New York State.

DASH-NY works to transform the ways in which all New Yorkers can and should think about food and physical activity

by supporting policy initiatives in four priority areas: neighborhoods, places for children, food systems, and health care. DASH-NY is working toward ending obesity by identifying sustainable strategies and partnerships that support multiple environmental, economic, and community goals, and by providing training and technical assistance to community leaders across the state while making policy recommendations that will help support community action to prevent obesity.

The DASH-NY Advisory Group, composed of 25 nonprofit organizations working on economic development, transportation, health care, and other relevant sectors, as well as government agencies, was formed to help launch the initiative and provide input on the development of a state-wide policy agenda for obesity prevention.



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### Creating Healthy School Environments

NYAM is working with teachers and administrators in New York City public schools to establish environments and habits that promote improved nutrition and increased physical activity through **Healthy Eating Active Living: A School and Community Initiative (HEAL)**. The program is currently in place at nine schools in East Harlem and the Bronx, where students, teachers, and parents are learning to make healthier choices a habit. At each HEAL school, teachers learn skills and strategies for classroom-based health education and obesity prevention activities, and parents and caregivers attend workshops that integrate nutrition and fitness activities with



other relevant physical, mental and emotional health topics. Each school has a School Wellness Council, an interdisciplinary school-community team, responsible for making school policy and environmental changes and implementing school-wide health promotion and obesity prevention activities. In recognition of their progress, four participating schools won Excellence in School Wellness awards from the NYC Strategic Alliance for Health in 2010.

In 2010, NYAM was chosen as one of five organizations to collaborate with the Mayor's Fund to Advance New York City, NYC Service, and the New York City Department of Education (DOE)

on the development and implementation of a **Middle School Mentoring Initiative**. The program recruits and trains mentors and promotes students' academic achievement, health, and goal setting skills in middle schools in the South Bronx. NYAM's initiative incorporates topics on key youth risk behaviors that undermine health, academic success, and social development.



NYAM's work to create healthy school environments extends to after-school programs through a partnership with United Neighborhood Houses (UNH) to train staff at 15 UNH member agencies, **Building Staff Capacity to Provide Health Education in After-school Settings**. NYAM designed and conducted a four-day professional development training program for youth



workers on enhancing nutritional choices, improving physical activity, reducing risk factors to prevent obesity, promoting mental and emotional health, stress management, and promoting healthy sexuality and relationships.



## Eliminate Health Disparities

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► NYAM's research is committed to identifying and designing innovative interventions to eliminate racial and ethnic health disparities and promote the health of vulnerable populations. Our work also tackles disparities at the policy level and mentors the city's next generation of minority health professionals.

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### Addressing Maternal Mortality in New York

New York ranks as one of the states with the highest number of women dying prior to or shortly after giving birth, and New York City has the highest rate in the state. Recent statistics also reveal alarming disparities in terms of race; in New York City, pregnancy-related mortality rates are seven times higher for black women compared to white women.

In June 2010, NYAM, along with the New York City Department of Health and Mental Hygiene, hosted a conference on maternal

mortality in New York City and State. More than 100 health care professionals, state and city health officials, and community leaders gathered at NYAM to discuss trends associated with the unusually high numbers of pregnancy- and childbirth-related deaths in New York City and State, and to develop recommendations for next steps in addressing this critical issue. In December, NYAM published a report, *Maternal Mortality in New York: A Call to Action – Findings and Priority Action Steps*, that outlines steps health officials and others can take to

reduce the number of maternal deaths in New York State. Both the conference and the report garnered regional, national, and international media coverage. The report served as the basis of several statewide opinion editorials by Dr. Boufford. NYAM is continuing work with a broad group of stakeholders to implement the recommendations.

### Toward a Public Health and Safety Approach to Drug Policy

NYAM supports the development of a public health-oriented approach to drug policies that save lives, strengthen communities, reduce the harms associated with drug misuse, and enhance public safety.

In 2010, NYAM partnered with the Drug Policy Alliance to convene 13 community conversations across New York State about how drug use and current drug policies affect communities, families, and individuals, and how the state's drug policies can be better aligned to improve public health and safety. The consultations brought together community members from many sectors, staff from community-based organizations, advocates, and government representatives to seek their opinions and ideas.

This vital community input, combined with existing research, will be the basis for a blueprint of recommendations towards developing a public health and safety approach to drug policy for New York City and State that is informed by both the best evidence available and the day-to-day realities of those living in communities most affected by drug use and current drug policies.



### Bridges and Pathways to the Health Professions

A diverse population requires a diverse health workforce; to this end, NYAM works with New York City minority youth, underrepresented in the health professions. NYAM's **G.I.R.L.S. (Getting into Real Life Science) and Health Professions** program worked with 175 African American and Latina girls in grades 7-9 at five schools in East Harlem to build their capacity to pursue health careers through academic support, life skills development, and mentoring experiences with minority women health professionals. The **Junior Fellows Program** provided 150 students at 12 middle schools with hands-on research experience and awareness of health career opportunities, and invited them

to stay involved with NYAM as they move into high school and beyond through the **Scholars Program: Science Enrichment and Career Awareness for Junior Fellows Alumni**.



### Innovative Research and Interventions

Low vaccination rates among minorities and people living in poverty are a persistent problem; in Harlem, low vaccination rates have contributed to high death rates from influenza and respiratory diseases. In 2010, NYAM's **Project VIVA Harlem** continued to conduct targeted outreach in the community and helped to implement the 2nd Annual Harlem Influenza Awareness Week in October. More than 500 community members received free seasonal influenza vaccinations through clinics at community-based organizations in East and Central Harlem. Project VIVA is a prime example of NYAM's ability to put policy into action, especially in some of New York's most vulnerable communities.



NYAM's current research projects include **Social Ties Associated with Risk of Transition (START)**, a study aimed at identifying risk factors for transition into injection drug use among young adult injection and non-injection drug users (heroin, crack/cocaine users) in New York City.



## Global Initiatives

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► More than half of the world's population now resides in cities; 70 percent will by 2030. Attention has increasingly turned to the health challenges presented by global urbanization. In 2010, NYAM continued to deepen its global partnerships and to advance the discourse on global urban health.

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### International Conference on Urban Health

In October 2010, NYAM hosted the **9th Annual International Conference on Urban Health**, which drew more than 1,000 delegates from 45 countries. Among the participants were some of the world's foremost experts on urban health, including researchers, practitioners, and policymakers.

The conference addressed the theme of Good Governance for Healthy Cities, with special emphasis on the positive consequences of urban health interventions, as well as the

social and public health policies that are required to address these issues. Through daily plenary sessions and more than 800 oral research presentations and poster sessions, participants shared cutting-edge urban health research and success stories from around the world.

Dr. Jeffrey Sachs, Director of the Earth Institute, delivered the keynote speech on "Financing Urban Sustainability." Dr. Thomas Farley, Commissioner of the New York City Department of

Health and Mental Hygiene, discussed New York City's wide-ranging policies to reduce tobacco use and promote exercise and healthy eating. The international roster of featured plenary speakers included Dr. Jacob Kumaresan, Director of the World Health Organization (WHO) Centre for Health Development in Kobe, Japan; Celeste de Souza Rodrigues, Secretariat of Planning for the city of Belo Horizonte, Brazil; Dr. Luis Fernando Duque, Senate of the Republic of Colombia; and Dr. Trudy Harpham,



Emeritus Professor at London South Bank University, who received an award during the conference for her outstanding contributions to the field of urban health over twenty-five years.

In conjunction with the conference, the Pan American Health Organization (PAHO) held its Regional Urban Health Forum at NYAM for delegates from the Americas to discuss urban health in the region.

### New York City: International Model for Age-friendly Cities

In June 2010, the World Health Organization recognized New York City as the first member of its Global Network of Age-friendly Cities. The ceremony, hosted by AARP, also recognized NYAM's partnership with the city. Dr. Boufford joined Mayor Michael Bloomberg and New York City Council Speaker



Christine Quinn at the presentation. New York has increasingly been seen as a model throughout the world for taking the community consultation process and implementing solutions through public-private partnerships. In the past year, leaders of Age-friendly initiatives in Spain, Australia and Canada came to New York to learn from the city's work. NYAM staff from the Age-friendly NYC initiative were invited to Hong Kong and Austria to speak with leaders from Western, Eastern Europe and Asia. Age-friendly New York City has also shaped its work using lessons from these and other initiatives around the world.

### Urban Health: Global Perspectives

Dr. Boufford and then Senior Vice President for Research David Vlahov, PhD, RN, served as co-editors of the new book *Urban Health: Global Perspectives* (Jossey-Bass, 2010), which presents the work of 64 authors from around the world to identify solutions that can generate and sustain healthy urban environments. The book addresses the important health consequences of demographic changes, globalization, and climate change on urban populations, especially in low- and middle-income countries, as well as the central issue of governance. It also highlights the increasing concentration of poverty and significant inequities or disparities among urban neighborhoods and evidence for the importance of physical and social environments in cities as determinants of population health.



### Rockefeller Foundation Roundtable for Urban Living Environment Research (RULER)

NYAM was awarded a grant from the Rockefeller Foundation to bring together an international group of urban health experts to review and identify gaps in methods and measurement of the determinants of health in cities over 18 months during 2009-10. The group met in Bellagio, Italy, in March to develop a report, due for publication in 2011. The RULER team identified three major areas for enhancing measurement to motivate action for urban health: disaggregation of geographic areas for intra-urban risk assessment and action; measures for both social environment and governance; and measures for a better understanding of the implications of the physical (e.g., climate) and built environment for health.

### Partnerships with the World Health Organization

The World Health Organization named 2010 the Year of Urban Health. As a WHO Collaborating Centre on Aging, Globalization and Urbanization, NYAM was involved with related WHO activities around the world during the year. Dr. Vlahov was a featured plenary speaker at PAHO's World Health Day event, the WHO Europe conference in Sandnes, Norway, and a WHO China meeting of 100 Chinese mayors in the city of Dalian. He was also a delegate to the Global Forum on Urbanization and Health in Kobe, Japan, in November.



## National Initiatives

► NYAM's impact on the health of people in cities reaches across America through our healthy aging and school health initiatives. NYAM is also helping to further interdisciplinary population health research through our role as the National Program Office for the Robert Wood Johnson Foundation Health & Society Scholars program.

### Age-friendly Cities Around America

Leaders from cities around the country are looking to NYAM's Age-friendly New York City initiative as a model for addressing the needs of their cities' older populations. In 2010, Age-friendly NYC provided guidance to Columbus, Ohio; Omaha, Nebraska; Chicago, Illinois; and Philadelphia, Pennsylvania, to help them launch or explore the feasibility of launching their own Age-friendly initiatives.

### The Wonders of Skin: Looking Good, Being Healthy

NYAM's award-winning skin health program, developed in partnership with the American Skin Association, reached more than 65,000 K-12 students at 469 schools across the country in the 2009-10 school year. NYAM provides each school with curriculum, staff development, consultation, and technical assistance.

### RWJ Foundation Health & Society Scholars

NYAM completed its third year as the National Program Office for the Robert Wood Johnson Foundation Health & Society Scholars (HSS) program. The National Program Office manages and administers the intensive program, which selects 18 post-doctoral and junior faculty scholars through a nationwide competition to receive two years of training at six universities—Columbia University, Harvard University, University of

California (San Francisco and Berkeley), University of Michigan, University of Pennsylvania, and University of Wisconsin-Madison—in the methods and interdisciplinary research strategies needed to understand the multiple determinants of health. For more information on the program, visit the HSS website at [www.healthandsocietyscholars.org](http://www.healthandsocietyscholars.org).

The RWJF Health & Society Scholars Annual Program Meeting in April 2010 brought the scholars of the program together with the program's National Advisory Committee members, training site directors and faculty, RWJF staff, and esteemed guests. The event was held in Washington, DC, to permit attendees to explore the links between the work of HSS faculty and scholars on population health and disparities and the work of national health policy leaders. The RWJF Health & Society Scholars program was invited to the National Institutes of Health to present on and discuss minority health and disparities and to the White House for a briefing on key issues related to the Obama administration's policies on urban health. Members of the administration who participated in the briefing included Adolfo Carrión, then Director of Urban Affairs and Deputy Assistant to the President; Derek Douglas, Special Assistant to the President on Urban Policy; Shelley Poticha, Director, Office of Sustainable Communities, the U.S. Department of Housing and Urban Development; and Susan Sher, then Assistant to the President and Chief of Staff to the First Lady.



## Engaging Communities

► NYAM works closely with community partners in its East Harlem neighborhood as well as Central Harlem and the South Bronx to develop policies and programs that will improve the health and safety of people of all ages.

In 2010, NYAM created the position of Director of Community and Legislative Outreach. The Director, Simone-Marie Meeks, is responsible for coordinating the development and implementation of a comprehensive strategy to broaden and deepen NYAM's partnerships and effectiveness in the East Harlem community. The Director works with NYAM's policy unit to maintain relationships with key elected officials in the city and state, and leads NYAM's involvement with critical community organizations including the East Harlem Youth Violence Task Force, the Greater Harlem Chamber of Commerce Harlem Healthy Living Committee, and the Transportation Committee of Community Board 11. Ms. Meeks has convened a community engagement group of NYAM staff members who live in East Harlem or are otherwise engaged in the community as volunteers who will advise NYAM on community activities and provide feedback on how we are perceived.

NYAM's **Age-friendly NYC** initiative piloted its first **Aging Improvement District** in East Harlem, bringing together the concerns and suggestions of the neighborhood's older adults with the leaders and resources of local businesses, non-profit organizations, city officials, and cultural, educational and religious institutions to think strategically and make no- and low-cost improvements that will better meet the needs of older adults. Outcomes from the process so far include improved seating at local businesses, senior hours at the public pool in Thomas

Jefferson Park, and a program to increase older adults' access to fresh produce in the neighborhood.

NYAM is also a key partner of the NYC **Strategic Alliance for Health (SAfH)**, which increases opportunities for physical activity and healthy eating in Harlem and the South Bronx. A partnership between the NYC Department of Health and Mental Hygiene and dozens of local community organizations begun in 2008, the Alliance worked to bring recognition to healthy schools through School Wellness Awards, to help establish play streets in East Harlem, and to support community bodegas in offering a greater variety of fruits, vegetables, and other healthy options. NYAM's Center for Evaluation and Applied Research (CEAR) works with the



Alliance to evaluate the development and implementation of the SAfH program as a whole, and selected program activities including the 2010 Play Streets initiative.

NYAM partnered with the Kraft Foundation and KaBOOM! to build a playground for children residing at Odyssey House, a comprehensive treatment center in East Harlem that helps individuals and families deal with substance use disorders, mental illness, elder care, and medical challenges.



## Fellows

► Today, NYAM Fellows represent the highest levels of achievement and leadership in the fields of urban health, public health, medicine, social work, nursing, education, law, health and social policy, and health services administration. This year, the Office of Trustee and Fellowship Affairs conducted a survey of NYAM Fellows that reaffirmed their interests in the opportunities for professional development and learning offered here.

At the **Annual Meeting of the Fellows** in November 2010, 52 new Fellows, 20 Members, 54 Associate Members, and 11 Student Members were inducted, and 27 Fellows celebrated their thirtieth anniversary of Fellowship. The meeting was followed by the presentation of the 163rd Anniversary Discourse by Thomas Farley, MD, MPH, Commissioner of the New York City Department of Health and Mental Hygiene, on “Public Health and the Opportunity of Health Care Reform.”

In 2010, NYAM’s highly successful **Author Night Series** continued to showcase the written work of Fellows and others: Padmini Murthy spoke about her book *Women’s Global Health and Human Rights*; Randi Hutter Epstein, MD, presented her book *GET ME OUT: A History of Childbirth*; and Marianne Jeffreys presented her book *Teaching Cultural Competence in Nursing and Health Care* and announced the formation of a new Special Interest Group on Cultural Competence. Nancy Aries and NYAM Fellow Donna M. Nickitas also co-presented their book *Policy and Politics for Nurses and Other Healthcare Professionals: Advocacy and Action*.

In a long tradition of Section activities that mentor the next generation of professionals, Student, Trainee, and Residents’ Nights were sponsored by the Sections on Anesthesiology, Dermatology, Pediatrics, Ophthalmology, Urology, and Social Work.

During the height of the national debate on health care reform in 2010, NYAM’s **Section on Health Care Delivery** brought together some of the nation’s top experts to speak on current policy issues; Karen Davis, President of The Commonwealth Fund, kicked off the series with the 2010 Duncan Clark Lecture, “Health Reform and the Empire State: Opportunity for a New Era in Health Care Delivery?” Other distinguished presenters in the series focused on access to care, access to coverage, and accountable care organizations. The **History of Medicine Section** co-sponsored a talk by Paul Kligfield entitled “Medical Chaos in 1890’s New York: The Case of University Medical College” with the Heberden Society of Weill Cornell Medical Center, its first lecture in a planned series of collaborations with area medical schools. The **Section on Occupational Medicine** sponsored a conference on Healthy and Safe Workplaces: Legal, Medical, Safety and Human Resources Issues. The **Section on Evidence Based Health Care** conducted its annual three-day TEACH (Teaching Evidence Assimilation for Collaborative Healthcare) workshop in August for more than 100 participants from across the nation. Planning got underway for a new **Section on Dentistry and Oral Health**. Working groups were convened on the interface between primary care and population health and on geriatric individual and community-based prevention.



## Library

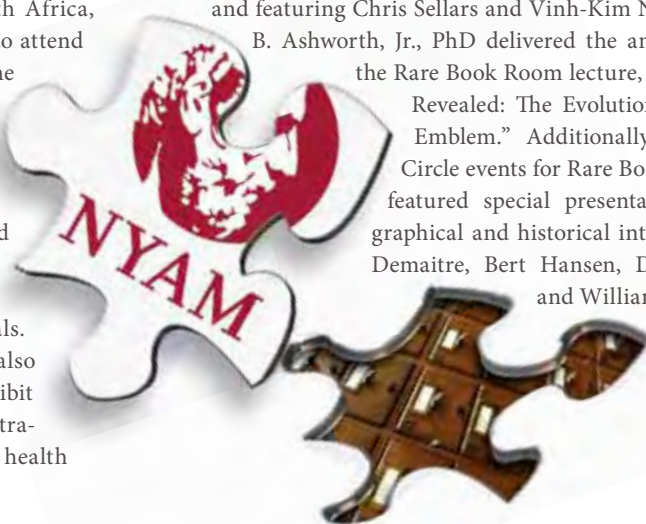
► The NYAM Library has been serving the public for more than 130 years, offering unparalleled access to health and medical information. In recent years, the Library has increased its web-based offerings to more widely disseminate its contemporary collection. Scholars and researchers continue to access the world-class rare book, manuscript and historical collections.

The Library's unique web-based initiative is the **Grey Literature Project**, which catalogues and disseminates health information that has not been published by traditional channels. The free bi-monthly *Grey Literature Report* is sent to more than 1,500 subscribers in 41 countries and is available online.

At the 9th International Conference on Urban Health, held at NYAM in October, the Library staff hosted a series of special meetings with six visiting librarians from South Africa, Ghana, and Tanzania. The librarians were able to attend the conference through a generous grant from the Carnegie Corporation. The group met with the NYAM Library staff to discuss how they might collaborate on the Grey Literature Project. The inclusion of public health research and materials from Africa that are hard to find and have likely never been shared anywhere would be a great boon to researchers, the public health workforce, clinicians, and other professionals. ICUH participants from around the world were also invited to tour the Library and visit a special exhibit in the Rare Book Room featuring books, illustrations, and records related to the history of public health in New York City.

Additionally, approximately 2,000 people participated in more than 150 tours, classes and workshops held in the Library, the Rare Book Room and the Gladys Brooks Conservation Laboratory in 2010.

The **History of Medicine and Public Health Lecture Series** included a series on Global Health: Historical Perspectives, sponsored in part by the New York Council on the Humanities and featuring Chris Sellars and Vinh-Kim Nguyen. William B. Ashworth, Jr., PhD delivered the annual Friends of the Rare Book Room lecture, entitled "Nature Revealed: The Evolution of a Scientific Emblem." Additionally, four Malloch Circle events for Rare Book Room donors featured special presentations of bibliographical and historical interest by Luke E. Demaitre, Bert Hansen, D.A. Henderson, and William H. Helfand.



# Donors

► We gratefully acknowledge these donors whose gifts, grants and bequests have supported NYAM's work for the year ending December 31, 2010.

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## \$1 Million and Above

National Institute of Mental Health  
New York State Department of Health

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## \$500,000 - \$999,999

The Robert Wood Johnson Foundation  
New York Blood Center

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## \$100,000 - \$499,999

Aetna Inc.  
American Skin Association  
The Atlantic Philanthropies  
Institute for Family Health  
The Jacob & Valeria Langeloth  
Foundation  
MetLife Foundation  
National Institutes of Medicine  
National Library of Medicine  
New York City Department of Education  
New York City Department of Health and  
Mental Hygiene  
The New York Community Trust  
Mary Ann Payne †  
Andrew H. Rosenthal  
Rockefeller Foundation  
Jack Rudin  
Toyota USA Foundation  
Visiting Nurse Service of New York

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## \$50,000 - \$99,999

American Society of Addiction Medicine  
Bristol-Myers Squibb Company  
Doris Duke Charitable Foundation  
Fund for Public Health Inc.  
The HealthCare Education Project  
May and Samuel Rudin Family  
Foundation, Inc.  
Trust for America's Health

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## \$25,000 - \$49,999

Accenture  
The Achelis Foundation  
Drug Policy Alliance  
The Carson Family Charitable Trust  
Community Health Foundation of

Western & Central New York  
Family Health International  
Hearst Corporation  
Johns Hopkins University  
The Josiah Macy, Jr. Foundation  
The Ambrose Monell Foundation  
New York State Education Department  
Omnicom Group, Inc.  
Pfizer Inc  
Harry and Andrew H. Rosenthal  
Foundation  
Tides Foundation

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## \$10,000 - \$24,999

BD (Becton, Dickinson and Company)  
Beth Israel Medical Center  
The Gladys Brooks Foundation  
Carnegie Corporation of New York  
John K. Castle  
Columbia University Medical Center  
Empire BlueCross BlueShield  
The John A. Hartford Foundation  
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The Milbank Memorial Fund  
Montefiore Medical Center  
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New York City Department for the Aging  
New York University College of Nursing  
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The Research Foundation at the City  
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World Health Organization

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## \$5,000 - \$9,999

Atlas Venture  
The Commonwealth Fund  
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## \$1,000 - \$4,999

ABIM Foundation  
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Arthur Aufses, Jr.  
Jack D. Barchas  
Jeremiah A. Barondess  
Graeme Birchall  
M. Donald Blaufox  
Jo Ivey Boufford  
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Barry & Bobbi Coller  
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Greater New York Hospital Association  
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Emblem Health  
Health Research Inc.  
William H. Helfand  
Melody Hobson  
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Metropolitan New York Library Council  
Miller Strategies  
Anne Moore  
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New York Council for the Humanities  
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*Gifts to the Friends of the Rare Book Room (FRBR) support public programs in the history of medicine, the acquisition and cataloging of historical scholarly material, and activities that make the Rare Book Room a center for scholarship in the history of medicine and public health and for the study of books and printing. The highest level of FRBR donors are members of the Malloch Circle who give \$1,000 or more annually to support this work. We gratefully acknowledge the 2010 Malloch Circle Members:*

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## Memorial and Honorary Gifts

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► Each year friends and Fellows make commemorative gifts to NYAM. Many of these gifts celebrate a significant occasion in the life of a loved one, friend or colleague—a promotion, a retirement or another one of life's milestones. No matter the occasion, such gifts honor people in a thoughtful and generous way. Likewise memorial gifts perpetuate the loving memory of the deceased.

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► For information about bequests and estate gifts, please contact Lorraine A. LaHuta, Vice President for Development and Communications, at [llahuta@nyam.org](mailto:llahuta@nyam.org) or 212-822-7244 or see [www.nyam.org/support/planned-gifts](http://www.nyam.org/support/planned-gifts)

# Caring Beyond Our Own Lifetime

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► For 164 years, NYAM has been dedicated to advancing the health of people in cities. Endowed gifts and bequests are investments in the future and enable donors to impact the lives of individuals long past their lifetimes. Today, income from permanent endowment funds provides NYAM with a dependable financial base and the capacity to award grants and fellowships. We acknowledge the generosity of the donors to these funds and the individuals whose lives they honor:

1895	Alfred L. Loomis Fund
1901	Edward N. Gibbs Memorial Prize
1917	Ferdinand C. Valentine Funds
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1931	Thomas W. Salmon Memorial Fund
1940	Louis Livingston Seaman Fund
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1947	Charles H. May Memorial Lecture
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1955	Howard Fox Memorial Fund
1960	William Wainer Hoppin Memorial Awards
1961	Glorney-Raisbeck Fellowship in the Medical Sciences
1974	Karl Vogel Fund
1977	Charles A. Elsberg Fellowship Fund for Neurological Surgery
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1999	Lilianna Sauter Fund
2004	Estate of Warren Adams
2006	Arnold P. Gold Foundation Fund for the Steve Miller Humanism in Medicine Lecture
2007	Jeremiah A. Baroness Fellowship in the Clinical Transaction

# Awards, Grants, Fellowships and Lectures

► NYAM has a long tradition of recognizing excellence in achievements in medicine and research with distinguished awards and of funding new research, fellowships and lectureship through the generosity of donors who established endowed funds. We are honored to report NYAM's 2010 recipients.

## 16th Annual Gala Awardees

### Aetna

#### Urban Health Champion Award

**Earvin "Magic" Johnson**

## Academy Distinguished Awards

### Academy Medal for Distinguished Contributions in Biomedical Science

**James S. Jackson, PhD** • Daniel Katz Distinguished University Professor of Psychology, Professor of Health Behavior and Health Education, School of Public Health, and Director of the Institute for Social Research, University of Michigan.

### John Stearns Medal for Distinguished Contributions in Medicine

**Kathleen M. Foley, MD** • Attending Neurologist, Pain and Palliative Care Service at Memorial Sloan-Kettering Cancer Center; Professor of Neurology, Neuroscience, and Clinical Pharmacology, Weill Medical College of Cornell University.

### Stephen Smith Medal for Distinguished Contributions in Public Health

**Lisa Berkman, PhD** • Director of the Center for Population and Development Studies and Thomas D. Cabot Professor of Public Policy, Epidemiology, and Global Population Health at Harvard University.

### Academy Medal for Distinguished Contributions in Health Policy

**Ada Sue Hinshaw, PhD, RN, FAAN** • Dean, Graduate School of Nursing, Uniformed Services University of the Health Sciences.

### Academy Plaque for Exceptional Service to the Academy

**Corinne H. Rieder, EdD** • Executive Director and Treasurer, The John A. Hartford Foundation.

## Research Fellowships and Awards

### Mary and David Hoar Fellowship in the Prevention and Treatment of Hip Fracture (\$100,000)

**William W. Hung, MD, MPH** • Mount Sinai School of Medicine. "Palliative Care Needs among Patients with Hip Fracture"

### Edwin Beer Research Fellowship in Urology and Urology-Related Fields (\$80,000)

**Bekir Cinar, PhD** • Cedars-Sinai Medical Center. "The Intersection of MST1 and AR Signaling in Tumor Progression in Prostate Cancer"

### Glorney-Raisbeck Fellowships in Cardiovascular Diseases (\$60,000)

**Usman Baber, MD** • Mount Sinai School of Medicine. "Impact of Chronic Kidney Disease on Blood Thrombogenicity and Response to Clopidogrel"

### Joshua M. Lader, MD • New York University School of Medicine.

"Arrhythmogenic Mechanism of K(ATP) Channel Activation in Hypertension"

### Ferdinand C. Valentine Fellowship for Research in Urology (\$50,000)

**Richard K. Lee, MD, MBA** • The Joan & Sanford I. Weill Medical College of Cornell University. "Nanoparticle-mediated Microwave Thermotherapy for the Treatment of Prostate Cancer"

### Lewis Rudin Glaucoma Prize (\$50,000)

**Yeni H. Yucel, MD, PhD, FRCPC** •

University of Toronto Keenan Research Centre at the Li Ka Shing Knowledge. "Identification of Lymphatics in the Ciliary Body of the Human Eye: A Novel "Uvolymphatic" Outflow Pathway"

### Glorney-Raisbeck Lecture and Award in Cardiology (\$10,000)

**Bertram Pitt, MD** • University of Michigan School of Medicine. "The Role of Aldosterone Blockade in Cardiovascular Disease"

### Paul Klemperer Fellowship in the History of Medicine (\$5,000)

**Heiko Pollmeier** • "The German Medical Community in New York City, 1857-1917. Networks – Media – Institutions"

## Lectureships

### Millie and Richard Brock Lectureship, Award and Visiting Professorship in Pediatrics

**Jonathan D. Klein, MD, MPH** • "Children and Tobacco 2010: Who is winning?"

### Edward N. Gibbs Memorial Lecture and Award in Nephrology

**Eli A. Friedman, MD** • "Pandemic Diabetes and Diabetic Kidney Disease"

### Ed Hornick Memorial Lecture and Award

**John Oldham, MD, MS** • "Personality Disorder: An Under-recognized Problem in Young Adults"

### Thomas W. Salmon Award and Lecture Medalist: **Nancy C. Andreasen, MD, PhD**

Co-lecturers: **Huda Akil, PhD;** **Stanley Watson, MD, PhD** • "Molecules and Circuits of Moods and Emotion"

**Ferdinand C. Valentine Lecture and Award**  
**Jack W. McAninch, MD, FACS** • “Golden Gate Bridge Jumpers: High Velocity Impact with Water Trauma”

**Duncan Clark Lecture**  
**Karen Davis** • “Health Reform and the Empire State: Opportunity for a New Era in Health Care Delivery?”

**Howard Fox Lecture**  
**Patricia Lois Myskowski, MD**  
“Cutaneous Lymphomas: An Update”

**Annual Friends of the Rare Book Room Lecture**  
**William B. Ashworth, Jr., PhD** • “Nature Revealed: The Evolution of a Scientific Emblem”

**Iago Galdston Lecture**  
**Steven J. Peitzman, MD** • “Bleed or Not Bleed Mrs. Camac? A 19th Century Medical Decision”

**John K. Lattimer Lecture**  
**Jacalyn Duffin, MD, PhD** “Medical Miracles: Doctors, Saints and Healing in the Modern World”

**Steven Z. Miller Lecture on Humanism in Medicine**  
**David T. Stern, MD** • “Sustaining a lifetime of Professionalism: Stories of Struggle and Success”

**Lilianna Sauter Lecture**  
**M. Susan Lindee, PhD** • “Gut Feelings and Technical Precision: Thinking about Cystic Fibrosis”

**Vinh-Kim Nguyen, MD, MSc, PhD**  
“Global Health: Historical Perspectives II: The Republic of Therapy: AIDS in West Africa”

**Nahum J. Winer Memorial Lecture**  
**Girish Shirali, MBBS, FACC, FASE**  
“Advances in 3D Echocardiography: Clinical Applications”

**Student Grants**  
**Glorney-Raisbeck Medical Student Grants in Cardiovascular Research** (\$4,000)

**Michael McDowell** • Columbia University Medical Center.  
“The Columbia University Pediatric Arteriovenous Malformation and Aneurysm Database”

**Yoann Millet** • Joan & Sanford I. Weill Medical College of Cornell University.  
“Investigation of the Signaling Pathway of Hydrogen Sulfide During In Vivo Mitigation of Ischemia Reperfusion Injury”

**David E. Rogers Fellowship** (\$3,500)  
**Isabel Sofia Bazan** • NYU School of Medicine / Bellevue Hospital Center.  
“Dissemination of a Health Literacy Intervention to Improve Provider-patient Communication of Medication Instructions and Decrease Outpatient Pediatric Medication Errors”

**Benjamin George** • University of Rochester School of Medicine and Dentistry. “Comparative Effectiveness Study to Evaluate Telemedicine as a Means to Increase Access to Specialty Care for Those with Parkinson’s disease in Nursing Homes”

**Pachida Lo** • The Asian Liver Center at Stanford University. “Collaboration with Hmong Traditional Healers to Increase Awareness of Hepatitis B Screening”

**Nicholas Rademacher** • Bushikori Christian Centre. “Parental Attitude towards Childhood Vaccines In Eastern Uganda”

**Govind Rangrass** • University of Michigan Medical Center. “Disparities to Access High Quality Hospital for Surgical Care”

**Jonathan Robbins** • RTI International.  
“Dental Care Utilization on Oral Health Needs Among Female Methamphetamine Users in San Francisco”

**Matthew A. Rysavy** • University of Iowa. “Factors Influencing the Rate of Spontaneous Rupture at Nhamatanda Hospital, Mozambique, from 2004-2009”

**Saira Siddiqui** • Columbia University Infant Sickle Cell Project. “Health Information Disparities Related to Sickle Cell Disease in a Dominican American Population”

**William Ulmer** • Brigham and Women’s Hospital. “Effect of Acquiring a Second Opinion and Prostate Cancer Care Delivery and Outcomes for Minorities”

**Grettel Zamora-Berridi** • University of Michigan Medical School.  
“Understanding the Association of Contaminated Corn Sources and the Incidence of Neural Tube Defects in Guatemala”

**The Ferdinand C. Valentine Medical Student Research Grants in Urology** (\$3,500)

**Stefan Karagiannopolos-Flores**  
Memorial Sloan Kettering Cancer Center.  
“Analysis of the Micro-Architecture of the Yunica Albuginea: Exploring the Link between Peyronie’s Disease and Radical Prostatectomy”

**Wei Yang** • Mount Sinai School of Medicine. “Development of New Compounds Specifically Targeting Prostate Cancer Bone Metastases”

# Statement of Financial Position

December 31, 2010, with comparison to December 31, 2009

	December 31,	
	2010	2009
<b>Assets</b>		
Cash and cash equivalents	\$ 828,174	\$ 228,609
Cash and cash equivalents restricted as to use	100,000	100,000
Investments	65,322,833	69,233,916
Contributions and grants receivable	5,027,026	4,752,215
Accounts receivable and dividend receivable	373,368	363,002
Prepaid expenses and other assets	228,431	238,105
Property and equipment	12,994,703	8,845,389
Beneficial interest in perpetual trust	247,549	250,716
<b>Total Assets</b>	<b>\$ 85,122,084</b>	<b>\$ 84,011,952</b>
<b>Liabilities</b>		
Accounts payable and accrued expenses	\$ 3,199,421	\$ 1,981,711
Grants payable	140,000	122,500
Refundable security deposit	100,000	100,000
<b>Total Liabilities</b>	<b>\$ 3,439,421</b>	<b>\$ 2,204,211</b>
<b>Net Assets</b>		
Unrestricted	47,949,927	46,764,969
Temporarily restricted	22,791,785	24,250,174
Permanently restricted	10,940,951	10,792,598
<b>Total Net Assets</b>	<b>81,682,663</b>	<b>81,807,741</b>
<b>Total Liabilities and Net Assets</b>	<b>\$ 85,122,084</b>	<b>\$ 84,011,952</b>

The financial information in this report does not constitute audited financial statements in accordance with generally accepted accounting principles in the United States. A copy of the 2010 Audited Financial Statements can be obtained from our offices by writing the Office of Finance and Administration or by calling (212) 822-7219.

# Statement of Activities

For the year ended December 31, 2010 (with summarized financial information for December 31, 2009)

	Year Ended December 31, 2010				
	Unrestricted	Temporarily Restricted	Permanently Restricted	2010 Total	2009 Total
<b>Operating support:</b>					
Grants and contributions	\$ 224,085	\$ 10,439,639	\$ –	\$ 10,663,724	\$ 7,316,320
Special events revenue (net of direct benefit to donors of \$193,026 in 2010 and \$216,508 in 2009)	274,464	–	–	\$274,464	501,751
Total operating support	498,549	10,439,639	–	10,938,188	7,818,071
<b>Operating revenues:</b>					
Investment earnings designated for current operations	7,348,231	–	–	7,348,231	6,819,839
Interest on short-term investments	271	–	–	271	1,956
Subscriptions and fees	1,400,055	206,486	–	1,606,541	1,418,613
Membership dues	156,400	–	–	156,400	186,798
Miscellaneous	267,749	–	–	267,749	206,142
Total operating revenue	9,172,706	206,486	–	9,379,192	8,633,348
Net assets released from restrictions for operations	12,746,536	(12,746,536)	–	–	–
Total operating support, revenues and reclassifications	22,417,791	(2,100,411)	–	20,317,380	16,451,419
<b>Operating expenses:</b>					
Program services	16,354,095	–	–	16,354,095	17,249,043
Management and general	5,597,519	–	–	5,597,519	5,690,359
Fundraising	1,095,129	–	–	1,095,129	645,015
Total operating expenses	23,046,743	–	–	23,046,743	23,584,417
Decrease from operating activities	(628,952)	(2,100,411)	–	(2,729,363)	(7,132,998)
<b>Non-operating activities:</b>					
Grants and contributions	–	5,209,655	–	5,209,655	115,000
Permanently restricted contributions	–	–	100,116	100,116	152,691
Change in value of beneficial interest in perpetual trust	–	–	(3167)	(3,167)	(765)
Loss on disposal of fixed assets	(71,850)	–	–	(71,850)	–
Investment (losses)/gains not designated for current operations	(3,376,280)	694,407	51,404	(2,630,469)	(698,343)
Net assets released from restrictions for capital expenditures	5,262,040	(5,262,040)	–	–	–
<b>Change in net assets</b>	<b>1,184,958</b>	<b>(1,458,389)</b>	<b>148,353</b>	<b>(125,078)</b>	<b>(7,564,415)</b>
Net assets - January 1	46,764,969	24,250,174	10,792,598	81,807,741	89,372,156
<b>Net assets - December 31</b>	<b>\$ 47,949,927</b>	<b>\$ 22,791,785</b>	<b>\$ 10,940,951</b>	<b>\$ 81,682,663</b>	<b>\$ 81,807,741</b>

The financial information in this report does not constitute audited financial statements in accordance with generally accepted accounting principles in the United States. A copy of the 2010 Audited Financial Statements can be obtained from our offices by writing the Office of Finance and Administration or by calling (212) 822-7219.

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